

Weekly Menu

		BREAKFAST	SNACK	LUNCH	DINNER
MON Meatless	2.6	Homemade Granola, Yogurt, Berry Parfait	Popcorn	Leftovers	BUTTERNUT SQUASH W/ QUINOA, RAISINS AND SWISS CHARD
TUES potluck	2.7	Smoothies	Frozen Banana Bites	Leftovers	TERIYAKI DRUMSTICKS
WED soup	2.8	Scrambled Eggs & Toast	Chocolate Pudding	Mediterranean Lentil Salad	BEEF, CABBAGE, AND KALE STEW*
THURS	2.9	Smoothies	Fruit & Cheese	Leftovers	SAUSAGES W/ SAUERKRAUT AND POTATOES
FRI Hospitality	2.10	Oatmeal & Fried Eggs	Hardboiled Eggs	Leftovers	SWEET POTATO CHILI Cornbread
SAT Family Night	2.11	Baked Oatmeal	Nuts & Raisins	Leftovers	CHICKEN AND "GREEN RICE" Broccoli
SUN Date Night	2.12	Morning Glory Pancakes Uncured Bacon Fried Eggs	Fruit & Cheese	Leftovers	CHICKEN AND QUINOA WALDORF SALAD WITH CREAMY MAPLE VINAIGRETTE*